

April School Lunch Menu

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|--|---|--|
| All Meals except 4K are served with the students choice of 1%, Skim or Chocolate Milk | 2 Entrée 1: * Cheese Fries Or Entrée 2: Baked Chicken Sandwich^ <u>Side Options:</u> Potato Twists, Steamed Cauliflower & Diced Mango | 3 Entrée 1: Enchiladas Or Entrée 2: Taco Salad Supreme <u>Side Options:</u> *Spanish Rice, Salsa, Green Beans, Diced Pears & Chocolate Chip Cookies | 4 Entrée 1: *Mozzarella Sticks Or Entrée 2: Mini Corn Dogs <u>Side Options:</u> Chili, California Salad, Potato Wedges & Fruit Cocktail | 5 Entrée 1: Asian Chicken w/ Rice & Eggroll Or Entrée 2: Baked Lasagna w/ Garlic Toast <u>Side Options:</u> Steamed Broccoli, Grape Clusters | 6 Entrée 1: Grilled Chicken Sandwich^ Or Entrée 2: Oven Baked Fish w/Roll^ <u>Side Options:</u> * Sweet Potato Fries, Asparagus, Kiwi & *Coleslaw | The Ever Changing Garden Bar is Made Up of All You Can Eat Vegetarian Options Every Day. |
| All 4K Students are served with the students choice of 1% or Skim Milk | 9 Entrée 1: Grilled Brat^ Or Entrée 2: Cheese Burger^ <u>Side Options:</u> Baked Beans, Sauerkraut, Potato Rounds, Steamed Mixed Veggies & Apple Sauce | 10 Entrée 1: Burrito Or Entrée 2: Hard or Soft Taco <u>Side Options:</u> *Baked Fries, Steamed Peas & Carrots, Sliced Peaches & Apple Rhubarb Crisp | 11 Entrée 1: Roast Turkey w/ Roll^ Or Entrée 2: Pop Corn Chicken Wrap^ <u>Side Options:</u> Mashed Potatoes w/ Gravy, Squash, Cranberry Chutney & Orange Wedges | 12 Entrée 1: Meatballs & Gravy w/ *Noodles & Garlic Toast Or Entrée 2: Cheddar-Wurst ^ <u>Side Options:</u> Corn, Cucumber Salad & Tropical Medley | 13 Entrée 1: Chicken Nuggets w/ Wheat Roll.^ Or Entrée 2: * Stromboli ^ <u>Side Options:</u> * Parsley Potatoes, California Blend & Apple Sauce | |
| | 16 Entrée 1: Turkey Pot Pie w/ Whole Grain Biscuits Or Entrée 2: Sloppy Joe^ Entrée 3: Chef Special <u>Side Options:</u> Sweet Potato Fries, Brussel Sprouts & Kiwi | 17 Entrée 1: Homemade Pizza Or Entrée 2: Meatball Sub <u>Side Options:</u> *Broccoli Salad, Zucchini Bake & Cinnamon Sugar Apple Slices | 18 Entrée 1: Chicken Wild Rice Soup Or Entrée 2: Beef Vegetable Soup <u>Side Options:</u> *Cheesy Bread Sticks, Blueberry Cobbler, Steamed Carrots & Fruit Cocktail | 19 Entrée 1: Mini Corn dogs Or Entrée 2: Chicken Nuggets <u>Side Options:</u> *Corn Bread Muffins, *Potato Wedges, Cauliflower & Sliced Pears | 20 Entrée 1: Cheese Calzone Or Entrée 2: Fish Sticks w/ Bun <u>Side Options:</u> Fries, Green Beans, Coleslaw, Orange Wedges & Jello | |
| | 23 Entrée 1: * Cheese Fries Or Entrée 2: Baked Chicken Sandwich ^ <u>Side Options:</u> Curly Fries, Mixed Vegetable & Diced Mango | 24 Entrée 1: Cheese Burger^ Or Entrée 2: * Nachos <u>Side Options:</u> Southwest Tots, Steamed Corn & Sliced Peaches & Banana Bar | 25 Entrée 1: *Grilled Cheese^ Or Entrée 2: Chicken Fajita Wrap <u>Side Options:</u> * Tomato Soup, Crackers, Green Beans & Sliced Pears | 26 Entrée 1: Breakfast Pizza Or Entrée 2: Breakfast Slider ^ <u>Side Options:</u> *American Fries, Grapes, Orange Juice & Sweet Roll | 27 Entrée 1: Hotdog w/ Chips Or Entrée 2: *Baked Potato Bar w/ Roll Entrée 3: Chef Special <u>Side Options:</u> Chili, Steamed Broccoli, Kale Salad & Tropical Medley | |
| *Indicates a meatless option ^ Indicates item is served on a whole grain bun or bread | 30 Entrée 1: * Spaghetti & Meat Sauce w/Garlic Bread Or Entrée 2: BBQ Rib Sandwich ^ w/ Chips <u>Side Options:</u> *Steamed Mixed Vegetables & Kiwi Wedges | Follow us on Facebook: @TRSDFoodService | | Lunch Value Meal Consists of the Following Items. 1) Meat Choices 2) Whole Grain Rich options 3) Fruit (Includes Garden Bar) 4) Vegetable (Plus Garden Bar) 5) Milk Choices All For One Low Price! | | |