

November School Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Meals except 4K are served with the students choice of 1%, Skim or Chocolate Milk		Follow us on Facebook: @TRSDFoodService	1 Entrée 1: *Grilled Cheese^ Or Entree 2: Chicken Fajita Wrap <u>Side Options:</u> * Tomato Soup, Crackers, Green Beans & Sliced Pears	2 Entrée 1: Breakfast Pizza Or Entrée 2: Breakfast Slider ^ <u>Side Options:</u> *American Fries, Grapes, Orange Juice & Sweet Roll	3 Entrée 1: Hotdog w/ Chips Or Entrée 2: *Baked Potato Bar w/ Roll <u>Side Options:</u> Chili, Steamed Broccoli, Kale Salad & Tropical Medley	The Ever Changing Garden Bar is Made Up of All You Can Eat Vegetarian Options Every Day.
All 4K Students are served with the students choice of 1% or Skim Milk	6 Entrée 1: * Spaghetti & Meat Sauce w/Garlic Bread Or Entrée 2: BBQ Rib Sandwich ^ w/ Chips <u>Side Options:</u> *Steamed Mixed Vegetables & Kiwi Wedges	7 Entrée 1: Homemade Pizza Or Entrée 2: Braised Beef Stroganoff w/ Garlic Toast <u>Side Options:</u> Cauliflower Salad, Steamed Corn & Fruit Cocktail	8 Entrée 1 : Philly Cheese Steak Sub^ Or Entrée 2: Deli Sub^ <u>Side Options:</u> *Potato Rounds & Sliced Peaches	9 Entrée 1: Pork Roast Or Entrée 2: Glazed Drummys <u>Side Options:</u> Roll^, Stuffing, Mashed Potatoes & Gravy, Cranberries, Asparagus & Orange Wedges	10 Entrée 1: Chicken Strips Or Entrée 2: * Baked Mac & Cheese <u>Side Options:</u> *Baked Fries, Corn Muffin, *Fall Harvest Medley & Apple Sauce	
	13 Entrée 1: * Cheese Fries Or Entrée 2: Baked Chicken Sandwich^ <u>Side Options:</u> Potato Twists, Steamed Cauliflower & Diced Mango	14 Entrée 1: Enchiladas Or Entrée 2: Taco Salad Supreme <u>Side Options:</u> *Spanish Rice, Salsa, Corn, Diced Pears & Chocolate Chip Cookies	15 Entrée 1: *Mozzarella Sticks Or Entrée 2: Mini Corn Dogs <u>Side Options:</u> Chili, California Salad, Potato Wedges & Fruit Cocktail	16 Entrée 1: Asian Chicken w/ Rice & Eggroll Or Entrée 2: Baked Lasagna w/ Garlic Toast <u>Side Options:</u> Steamed Broccoli, Grape Clusters	17 Entrée 1: Grilled Chicken Sandwich^ Or Entrée 2: Oven Baked Fish w/Roll^ <u>Side Options:</u> * Sweet Potato Fries, Asparagus, Kiwi & *Coleslaw	
	20 Entrée 1: Grilled Brat^ Or Entrée 2: Cheese Burger^ <u>Side Options:</u> Baked Beans, Sauerkraut, Potato Rounds, Steamed Mixed Veggies & Apple Sauce	21 Entrée 1: Burrito Or Entrée 2: Hard or Soft Taco <u>Side Options:</u> *Baked Fries, Steamed Peas & Carrots , Sliced Peaches & Apple Rhubarb Crisp	22 No School	23 No School	24 No School	
*Indicates a meatless option ^ Indicates item is served on a whole grain bun or bread	27 Entrée 1: Turkey Pot Pie w/ Whole Grain Biscuits Or Entrée 2: Sloppy Joe^ <u>Side Options:</u> Sweet Potato Fries, Brussel Sprouts & Kiwi	28 Entrée 1: Homemade Pizza Or Entrée 2: Fish Tacos <u>Side Options:</u> Potato Twists, *Coleslaw, Pico de Gallo, Steamed Green Beans & Cinnamon Sugar Apple Slices	29 Entrée 1: Chicken Wild Rice Soup Or Entrée 2: Beef Vegetable Soup <u>Side Options:</u> * Cheesy Bread Sticks, Blueberry Cobbler, Steamed Carrots & Fruit Cocktail	30 Entrée 1: Mini Corn dogs Or Entrée 2: Chicken Nuggets <u>Side Options:</u> *Corn Bread Muffins, *Potato Wedges, Cauliflower & Sliced Pears	Lunch Value Meal Consists of the Following Items. 1) Meat Choices 2) Whole Grain Rich options 3) Fruit (Includes Garden Bar) 4) Vegetable (Plus Garden Bar) 5) Milk Choices All For One Low Price!	