

# February School Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Meals except 4K are served with the students choice of 1%, Skim or Chocolate Milk	Follow us on Facebook:  @TRSDFoodService			1 Entrée 1: Meatballs & Gravy w/ *Noodles & Garlic Toast Or Entrée 2: Cheddar-Wurst ^ <u>Side Options:</u> Corn, Cucumber Salad & Tropical Medley	2 Entrée 1: Chicken Nuggets w/ Wheat Roll.^ Or Entrée 2: * Stromboli ^ <u>Side Options:</u> * Parsley Potatoes, California Blend & Apple Sauce	The Ever Changing Garden Bar is Made Up of All You Can Eat Vegetarian Options Every Day.
All 4K Students are served with the students choice of 1% or Skim Milk	5 Entrée 1: Turkey Pot Pie w/ Whole Grain Biscuits Or Entrée 2: Sloppy Joe^ <u>Side Options:</u> Sweet Potato Fries, Brussel Sprouts & Kiwi	6 Entrée 1: Homemade Pizza Or Entrée 2: Meatball Sub <u>Side Options:</u> *Broccoli Salad, Zucchini Bake & Cinnamon Sugar Apple Slices	7 Entrée 1: Chicken Wild Rice Soup Or Entrée 2: Beef Vegetable Soup <u>Side Options:</u> *Cheesy Bread Sticks, Blueberry Cobbler, Steamed Carrots & Fruit Cocktail	8 Entrée 1: Mini Corn dogs Or Entrée 2: Chicken Nuggets <u>Side Options:</u> *Corn Bread Muffins, *Potato Wedges, Cauliflower & Sliced Pears	9 Entrée 1: Cheese Calzone Or Entrée 2: Fish Sandwich^ <u>Side Options:</u> Fries, Green Beans, Coleslaw, Orange Wedges & Jello	
	12 Entrée 1: * Cheese Fries Or Entrée 2: Baked Chicken Sandwich ^ <u>Side Options:</u> Curly Fries, Mixed Vegetable & Diced Mango	13 Entrée 1: Cheese Burger^ Or Entrée 2: * Nachos <u>Side Options:</u> Southwest Tots, Steamed Corn & Sliced Peaches & Banana Bar	14 Entrée 1: *Grilled Cheese^ Or Entrée 2: Chicken Fajita Wrap <u>Side Options:</u> * Tomato Soup, Crackers, Green Beans & Sliced Pears	15 Entrée 1: Breakfast Pizza Or Entrée 2: Breakfast Slider ^ <u>Side Options:</u> *American Fries, Grapes, Orange Juice & Sweet Roll	16 Entrée 1: Hotdog w/ Chips Or Entrée 2: *Baked Potato Bar w/ Roll <u>Side Options:</u> Chili, Steamed Broccoli, Kale Salad & Tropical Medley	
	19 Entrée 1: * Spaghetti & Meat Sauce w/Garlic Bread Or Entrée 2: BBQ Rib Sandwich ^ w/ Chips <u>Side Options:</u> *Steamed Mixed Vegetables & Kiwi Wedges	20 Entrée 1: Homemade Pizza Or Entrée 2: Braised Beef Stroganoff w/ Garlic Toast <u>Side Options:</u> Cauliflower Salad, Steamed Corn & Fruit Cocktail	21 Entrée 1 : Philly Cheese Steak Sub^ Or Entrée 2: Deli Sub^ <u>Side Options:</u> *Potato Rounds & Sliced Peaches	22 Entrée 1: Pork Roast Or Entrée 2: Glazed Drumsticks <u>Side Options:</u> Roll^, Stuffing, Mashed Potatoes & Gravy, Cranberries, Asparagus & Orange Wedges	23 NO SCHOOL	
*Indicates a meatless option  ^ Indicates item is served on a whole grain bun or bread	26 Entrée 1: * Cheese Fries Or Entrée 2: Baked Chicken Sandwich^ <u>Side Options:</u> Potato Twists, Steamed Cauliflower & Diced Mango	27 Entrée 1: Enchiladas Or Entrée 2: Taco Salad Supreme <u>Side Options:</u> *Spanish Rice, Salsa, Green Beans, Diced Pears & Chocolate Chip Cookies	28 Entrée 1: *Mozzarella Sticks Or Entrée 2: Mini Corn Dogs <u>Side Options:</u> Chili, California Salad, Potato Wedges & Fruit Cocktail		Lunch Value Meal Consists of the Following Items. 1) Meat Choices 2) Whole Grain Rich options 3) Fruit (Includes Garden Bar) 4) Vegetable (Plus Garden Bar) 5) Milk Choices All For One Low Price!	