

December School Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Meals except 4K are served with the students choice of 1%, Skim or Chocolate Milk	Lunch Value Meal Consists of the Following Items. 1) Meat Choices 2) Whole Grain Rich options 3) Fruit (Includes Garden Bar) 4) Vegetable (Plus Garden Bar) 5) Milk Choices All For One Low Price!	Follow us on Facebook: @TRSDFoodService			1 Entrée 1: Cheese Calzone Or Entrée 2: Fish Sandwich^ <u>Side Options:</u> Fries, *Zucchini Bake, Orange Wedges & Jello	The Ever Changing Garden Bar is Made Up of All You Can Eat Vegetarian Options Every Day.
All 4K Students are served with the students choice of 1% or Skim Milk	4 Entrée 1: * Cheese Fries Or Entrée 2: Baked Chicken Sandwich ^ <u>Side Options:</u> Curly Fries, Mixed Vegetable & Diced Mango	5 Entrée 1: Cheese Burger^ Or Entrée 2: * Nachos <u>Side Options:</u> Southwest Tots, Steamed Corn & Sliced Peaches & Banana Bar	6 Entrée 1: *Grilled Cheese^ Or Entrée 2: Chicken Fajita Wrap <u>Side Options:</u> * Tomato Soup, Crackers, Green Beans & Sliced Pears	7 Entrée 1: Breakfast Pizza Or Entrée 2: Breakfast Slider ^ <u>Side Options:</u> *American Fries, Grapes, Orange Juice & Sweet Roll	8 Entrée 1: Hotdog w/ Chips Or Entrée 2: *Baked Potato Bar w/ Roll <u>Side Options:</u> Chili, Steamed Broccoli, Kale Salad & Tropical Medley	
	11 Entrée 1: * Spaghetti & Meat Sauce w/Garlic Bread Or Entrée 2: BBQ Rib Sandwich ^ w/ Chips <u>Side Options:</u> *Steamed Mixed Vegetables & Kiwi Wedges	12 Entrée 1: Homemade Pizza Or Entrée 2: Braised Beef Stroganoff w/ Garlic Toast <u>Side Options:</u> Cauliflower Salad, Steamed Corn & Fruit Cocktail	13 Entrée 1 : Philly Cheese Steak Sub^ Or Entrée 2: Deli Sub^ <u>Side Options:</u> *Potato Rounds & Sliced Peaches	14 Entrée 1: Pork Roast Or Entrée 2: Glazed Drumsticks <u>Side Options:</u> Roll^, Stuffing, Mashed Potatoes & Gravy, Cranberries, Asparagus & Orange Wedges	15 Entrée 1: Chicken Strips Or Entrée 2: * Baked Mac & Cheese <u>Side Options:</u> *Baked Fries, Corn Muffin, *Fall Harvest Medley & Apple Sauce	
	18 Entrée 1: * Cheese Fries Or Entrée 2: Baked Chicken Sandwich^ <u>Side Options:</u> Potato Twists, Steamed Cauliflower & Diced Mango	19 Entrée 1: Enchiladas Or Entrée 2: Taco Salad Supreme <u>Side Options:</u> *Spanish Rice, Salsa, Green Beans, Diced Pears & Chocolate Chip Cookies	20 Entrée 1: *Mozzarella Sticks Or Entrée 2: Mini Corn Dogs <u>Side Options:</u> Chili, California Salad, Potato Wedges & Fruit Cocktail	21 Entrée 1: Asian Chicken w/ Rice & Eggroll Or Entrée 2: Baked Lasagna w/ Garlic Toast <u>Side Options:</u> Steamed Broccoli, Grape Clusters	22 No School	
*Indicates a meatless option ^ Indicates item is served on a whole grain bun or bread	25 No School	26 No School	27 No School	28 No School	29 No School	